

Bangalore Mirror

TEMP Max 28 | Min 20 | Humidity 63%

Partly Cloudy

Sensex 66,459 | Nifty 19,733 | Gold 59,000 | Silver 73,798 | Dollar 82.34 | Euro 90.28 | GBP 104.95



CHOP JOB

While forest officer looks away, axemen make hay

PAGE 3



ROADS VANISH

Varthur's roads have disintegrated after spells of rain

PAGE 4

Research emphasises on importance of bees, other insect pollinators on mango yield in and around city, cautions against rampant use of insecticide

IT TAKES TWO TO MANGO

Crucial to conserve, promote wild insect pollinators by bringing back gardens

Garima Prasher
garima.prasher@timesgroup.com

TWEETS @BangaloreMIRROR

Mango-lovers, spare some of your love for the bees and other pollinators too. Researchers at Gandhi Krishi Vigyan Kendra (GKVK), Bengaluru, Ashoka Trust for Research in Ecology and Environment (ATREE), Bengaluru, and the University of Göttingen in Germany have highlighted the importance of bees and other insect pollinators in mango yield in and around Bengaluru.

The experiment was conducted on pollinators of 16 mango farms around the city. Researchers found that farms with insect pollinators dramatically increased mango yield by 350%. However, insecticide usage on mango farms led to a decrease in the weight of harvested mangos by almost 30%.

The study was conducted to analyse the dependency of mango on its main insect pollinators and the direct and indirect effects of urbanisation and insecticides on the population of pollinators, including bees.

"We found that allowing

CONTINUED ON PAGE 8 >>



“We found that allowing flowers access to ants and flying visitors increased the mango yield by 350%. This highlights the importance of wild insects for mango pollination

— Dr Jagadish KS, UAS, GKVK

Detour bites

Hoteliers along bypasses at B'luru-Mysuru highway hope some riders who now have to take detours would stop by for their favourite food



Sridhar Vivan
@timesgroup.com

TWEETS @sridharVMIRROR

The adage 'one man's loss is another man's gain' seems to be playing out on the Bengaluru-Mysuru expressway. With bikes and other slow-moving vehicles banned from the main carriageway, hoteliers located along the expressway are hopeful that their business prospects may pick up a bit.

The Bengaluru-Mysuru highway is dotted with numerous business establishments, including eateries serving local favourites such as Bidadi Thatte Idli, Mysuru Masala Dosa, Maddur Vades, and shops with Channapurna toys. However, the opening of the new expressway, along with bypasses at Bidadi, Ramanagar-Channapurna, Maddur, Mandya, and Srirangapatna, significantly affected many businesses. Several had to shut down, resulting in thousands losing their jobs.

Now, the latest ban on slow-moving vehicles has come as a ray of hope for local businesses. Venkatesh, the owner of a Channapurna toy shop, said, "Business has crashed as vehicle users are now

CONTINUED ON PAGE 8 >>

3 THINGS TO DO



01 Poet's space

The Bengaluru Poetry Festival is back with its 7th edition. This time, poets across all languages, lyricists, singers, performers, and musicians are set to be part of this exclusive event. The event is being presented by Atta Galatta and will feature poets like Javed Akhtar and Pandit Hariprasad Chaurasia inaugurating the festival.

Where: Grand Mercure Bengaluru, Gopalan Mall, Old Madras Road; **When:** August 5 and 6

02 Odissi classics



Grab the chance to attend an evening of Odissi dance at Malleswaram. Nrityantar Academy of Performing Arts, Bengaluru, and Dr Usha RK, former Cultural Director of the Embassy of India in Moscow, are presenting 'Ashtakam'. The event is based on the eight-stanza compositions of Adi Shankaracharya Bhagawatpada.

Entry is free for the audience. **Where:** Seva Sadan **When:** Today; 6 pm

03 Great gems



Don't miss out on the chance to visit the Rajasthan Handloom and Handicrafts Exhibition, which features a vast collection of cotton and silk handlooms from Karnataka and other states. You can get your hands on a variety of jewellery, such as silver, Kundan, meenakari, precious and semi-precious gemstones, paintings, leathercraft, and more.

Where: Someshwara Sabha Bhavan, RBI Layout, JP Nagar 7th Phase; **When:** until August 4

Let's rejoice: Western Ghats comes to Lalbagh

Horticulture Department plants 150 saplings of species found in Ghats over 6 acres of botanical garden

Abhijeet Kabad
mybangaloremirror
@timesgroup.com

TWEETS @BangaloreMIRROR

In a move to enrich the flora of the Lalbagh, 132 species of Western Ghats plants were planted on Tuesday. The project by the Karnataka horticulture department took off, with 150 saplings being planted over an area of 6 acres. Some of the plant species that were planted were monkey jack, bishop wood, fragrant padri tree, kusum tree, mountain cedar, ceylon ironwood, ben teak, and helicopter flowers, among others. The project aims to convert the barren eastern ridge into an evergreen forest patch.

SS Mallikarjun, horticulture minister of Karnataka, presided over the event. Kusuma, deputy director of Lalbagh, said, "We have got plants from places like Pune and Ooty. We have grown 23 lakh flower plants and are bringing them. Apart from this, 15 lakh flower plants will be part of the Vidhana Soudha flower replica. There will also be plants at the Shivapura Satyagraha."

She added that the first railway budget was proposed by



Western Ghats species planted in Lalbagh, which includes monkey jack, bishop wood, fragrant padri tree, kusum tree, mountain cedar, ceylon ironwood, and more



Kengal Hanumanthaiya, and with that importance in consideration, a train will be constructed in the botanical garden.

"There will be floral arrangements around the glass house and gates. The 132 species of Western Ghats from Kundalpur to the BR Hills have been brought and planned for over a year. Today, 150 plants have

been planted on 6 acres," she informed.

The same area before was a dumping yard, and citizens could not go there due to the stench. "In the same area, we have planted the Western Ghat species with the aim of creating a forest area. The aim is to save the endangered species of the Western Ghats. The other aim is to

give people who visit the botanical garden a good experience," she explained. She also said that with the metro station near the western gate of the botanical garden, it's a good opportunity for citizens to visit the space.

Alur Nagappa, a popular musical artist, said, "The soil is the same, and we are making manure for the plants in the corner. It needs water and manure like the other plants. There will be more birds in the area. It will be pleasant for walkers who tread amidst these trees. The price ranges from Rs 100 to Rs 500."

Kusuma further added that they have been working on the area for one and a half years. "We cleaned it as it was a dumping zone before. The area will be fenced for birds to grace the spot. The vision is to make it look like Agumbe Ghats."

Citizens seek feathered wonders

I Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

A morning bird walk was organised at Dorekere Lake on Sunday to bring together community members around the lake of all ages, including children, working professionals, and elders, to learn about the diverse bird species and their natural habitats in the lake. It was organised by the ActionAid Association, and JN Prasad, a bird watcher, has facilitated the session. Forty-one people, including 15 children, 25 adults, and five volunteers, participated in the walk.

To make the event inclusive for everyone, especially children, Prasad, the facilitator, engaged with the young participants and asked them about their preferred language to conduct the session, which was conducted in English to accommodate most attendees. He explained how keen observation of a bird's nature, colour, habitat, and activity can pro-

vide valuable insights into their behaviour and characteristics.

The session was made lively by the active participation of the children, who asked both simple and complex questions. Prasad responded to their inquiries with great patience and skill, explaining complex concepts in a way that the young minds could easily comprehend. For instance, he addressed why some fruits are poisonous to humans but not to animals in a way that resonated with the kids.

The group had the opportunity to witness birds up close by using binoculars, which opened a whole new dimension to their bird-watching experience. Observing birds through binoculars allowed them to see intricate details and marvel at the beauty of those winged creatures. Prasad also introduced a spotting scope to further enhance the participants' bird-watching experience. These tools enabled them to focus and view birds with greater clarity, making the event all the more



Participants of bird walk at Dorekere Lake

memorable. A total of 15 species of birds were observed during the bird walk, which covered 300 metre of distance.

Girish HR, a resident of Bharath Housing Cooperative Society Layout, described the walk as unique and most useful for children who want to know about birds. "I will definitely recommend it to others," said Girish. Nine-year-old Gamya added that it was better than watching TV. "We learnt about the colour of birds; it was nice," said Gamya.

Chop-and-run in city as officer looks the other way

Despite citizens informing Dy range forest officer about chopping of well-grown trees, tractor with logs given free passage



I Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

Residents of Kammanahalli of Begur Hobli were left shell-shocked on Tuesday to see some people chopping three well-grown lush green healthy trees in the area. The residents promptly informed the Bruhat Bengaluru Mahanagara Palike (BBMP) Forest Department about the cutting of the trees. However, it is alleged that the BBMP Range Forest Officer allowed the tractor laden with wood to move on, instead of seizing it.

Pramod Pailoor, a resident of the area, told BM that he informed the BBMP Forest Department as soon as he spotted people loading the tree logs into the tractor. The BBMP Deputy Range Forest Officer is said to have arrived at the spot after some time. "I saw him have a talk with the people loading the logs into the tractor. The tractor soon left the spot with tree logs. I do not know why the Deputy Range Forest Officer allowed the tractor to leave the spot," said Pailoor.

Ateesh Asthana, another resident of the area, said that illegal tree cutting incidents are frequent around Kammanahalli. "We have not seen BBMP forest officials keeping a watch on such cutting of trees. Cutting of trees is illegal. Trees are very

important for humans because they give food to eat and oxygen to breathe," said Asthana.

Expressing disgust over the Deputy Range Forest Officer allowing the logs-laden tractor go scot-free, a resident wondered about the commitment of the BBMP Forest Officers. "The Range Forest Officer should have handed over the people loading logs into the tractor to the police and register a case against them. The RFO's action makes people suspect his integrity," the resident said.

Meanwhile, BBMP Deputy Range Forest Officer Harish HR told BM that he did not locate a tractor loaded with tree logs. "The tree-log-laden tractor was not there when I reached the spot. Initially, I was confused about the jurisdiction of the spot where three peltophorum trees were felled. Now, I have decided to register a first information report (FIR) against those responsible for cutting the trees," said the Deputy Forest Range Officer.

Vijay Nishanth, known as tree doctor, emphasised that the Deputy Forest Range Officer should have seized the vehicle and register a case against those responsible for cutting trees. "I came to know that an informer has even provided them with the registration number of the tractor. It is the officer's duty to register a case or hand the culprits over to the state forest department," said Nishanth.

Man blackmails, rapes ex-girlfriend

The city police have arrested a 28-year-old dance instructor on Monday for allegedly raping his 23-year-old ex-girlfriend multiple times over the previous six months while working with two of his friends to blackmail her.

The three people detained have been named as Shashi Kumar, 30, Andy George, a dance instructor, and Santosh, 28.

George made friends with the victim on social media two years ago, according to the police. The police also said that while they were together, they formed a

romantic bond and took some intimate pictures and videos.

According to the authorities, George and the woman's relationship became tense, and they split up a year ago. After this, George allegedly sought to exact revenge against her and began extorting money from her using the images. According to the authorities, the victim begged him to keep them to himself.

George, who kept threatening her, requested that she have sex with his pals in order for him to delete the images, said the police. The victim was raped by

the group for almost six months while they blackmailed her using her images. When the despondent woman called her friend, the friend suggested that she lodge a complaint. Police responded to her report by quickly arresting the suspect.

The accused's cell phones, flash drives, and other electronic devices were seized by the police. According to the authorities, Santosh and Shashi are married, but George is single. She was a student when George and the girl became friends, and now she works for a private company.

—BMB

All eyes on
**FUTURE LANDMARK
OF MANGALURU**



**ROHAN
CITY**
RESIDENTIAL &
COMMERCIAL
Bejai Main Road
Mangaluru



PRM/KA/RERA/1257/334/PR/211122/005492



**WORLD
CLASS CLUB**

Apartment
Price Starts
From

₹ 54 Lakhs*

Limited Period Offer

☎ : 98454 90100 / 98456 07725
90363 92628 / 98456 07724

rohancity.in

*T&C apply

Come undone: A case of disappearing roads

Recently asphalted roads in Varthur get washed away in rain; citizens complain of sub-standard work by contractors

I Melvin Mathew
c-melvin.mathew
@timesgroup.com

TWEETS @BangaloreMirror

After years of deliberation, the roads on Varthur Road were asphalted three months ago. But much to the dismay of residents, a short spell of rain turned the roads into puddles and potholes. Residents of Varthur ward rejoiced when several roads were asphalted in their area, but their joy was short-lived. Asphalt was conducted, and now craters have developed on Sorahunase Main Road, Varthur Village Roads, Halasahalli Road, Balagere to Panathur, and Balagere to Gunjur Road.

Highlighting the plight of certain parts of Varthur, Rakesh of Sorahunase told BM that some of the parts are in terrible condition, especially the Sorahunase area. "Due to the rain, there are a lot of potholes, and all the patchwork was erased. Almost 50 per cent of the roads were destroyed. The street also sees heavy traffic. Normally, the roads are laid with two layers of bitumen, but in this scenario, only one layer was laid. The roads are bereft of speed breakers or any markings," he said.

The BBMP officials dumped some gravel to fill the potholes, but now it's spread across the road, making

driving difficult on that stretch. This has also caused a lot of dust pollution from the lifting of M-sand, he added. Another resident of Varthur ward, Raghavendra, complained that contractors doing shoddy work over the past more than a year are to blame.

"We want BBMP to issue notice to the contractor for shoddy work. The substandard work of the contractor has led to the removal of asphalt," said Raghavendra, an ex-Gram panchayat member.

“When we approach BBMP, they say the road has been handed over to KRDCL, and KRDCL says that they don't have funds – Varthur resident

"Before the elections, several roads were asphalted. The asphalt-ing took place three months ago. Now, the asphalt has washed away. We were expecting the roads to last at least six months, but the deterioration has exceeded our expectations. We had to work with government officials for nearly a year to get the roads asphalted. BWSSB had also put up drainage chambers on the road; however, the UGD connection is yet



Some of the parts of the roads in Varthur are in terrible condition, especially those in Sorahunase area

to be established," said Jagadeesh Reddy of Varthur Rising. The development of SH-35 in Varthur ward comes under the purview of KRDCL, but citizens are paying taxes to BBMP, he added.

"The entry and exit points are covered in sewage. While we are paying taxes to BBMP, the road has

been handed over to KRDCL. When we approach BBMP for maintenance, they say that the road has been handed over to KRDCL, and KRDCL officials say that they don't have funds. Either KRDCL should issue a NOC to the Palike or the tax-collecting Palike should maintain the road," he explained.

Who'll clean up? IT professionals take up cudgels

I Iffath Fathima
Iffath.Fathima@timesgroup.com

TWEETS @BangaloreMIRROR

For the first time in the Mahadevapura zone, a team of IT employees has come forward to adopt a street at the Yamalur Main Road and is looking forward to looking after the upkeep of the localities in terms of providing walkability, cleanliness, and making the surroundings green. The layout that was in a pathetic state has now been transformed and will be maintained by the IT professionals for a year. The volunteers collaborated with BBMP officials and the Ugly Indians volunteers to carry out this initiative.

A team of 120 volunteers from CGI came out to adopt the street outside their campus at Divyasree Technopolis on Yamalur Main Road. This was the kick-off event for a longer-term project to improve the walkability and cleanliness of the one-kilometre Yamalur Main Road.

The road was littered with garbage, plastic waste, and cigarette



Team of 120 volunteers of tech companies in Mahadevapura came together to clean up 1-km stretch of Yamalur Main Road

butts, which made it unpleasant and unsafe. With the efforts of CGI professionals, the space was transformed and made more pleasing to the eye. They not only cleaned and cleared the waste but also painted the compound walls, trimmed the bushes, and gave an aesthetic makeover to the area.

In parallel, the BBMP began clearing the storm water drain (SWD) for flood mitigation, which hadn't been taken up earlier in the

locality. The BBMP SWD department and BBMP RI department supported road cleaning. The Yamalur Main Road is an important arterial road as it connects Old Airport Road to Divyasree Technopolis, where the CGI campus is located, and further to Bellandur Outer Ring Road. Thousands of IT employees use this road every day to reach their workplace.

Going forward, the employees plan to regularly monitor the road, organise periodic clean-up drives,

and collaborate with the Ugly Indian (TUI) group, which is working on similar space transformation drives. The employees will also encourage other CGI professionals and their families to adopt the road and take part in maintaining it.

Mahesh Murthy, Vice President, CGI Global Delivery Centres of Excellence, said, "I feel proud and honoured to be part of this initiative. At CGI, we believe in contributing to the well-being of the communities where we live and work." The stretch now looks more appealing, and it is easier for people to commute or walk through the stretch easily.

A volunteer from TUI said, "Thousands of people walk on the Yamalur Road to go to the campus. If every organisation came forward to adopt certain stretches of the road outside their office in partnership with BBMP, the city would see a major transformation. As the Yamalur Road is a commercial, non-residential area next to the HAL Campus, there are no locals to take pride in its ownership. This is a much-needed initiative."

whatsapp
MIRROR
9591233247

Problems in your area?
Send us a picture along with specific details. And please, no phone calls or spamming

Finish work

Indiranagar



Indiranagar residents face hazards at the 12th Main and 100 Feet Road Junction due to incomplete white topping. The crater has been untouched for 8 months.

Safety is must

Majestic



Unregistered auto rickshaws are operating in front of the police outpost at Majestic bus stand. Authorities must address this issue to ensure safety.

No easy breathing

Railway Parallel Road



Residents near the Railway Parallel Road are troubled by the improper functioning of sodium vapor lamps during the day. Authorities need to address this.

On Day 1, all aboard new feeder bus service

Iffath Fathima@timesgroup.com

TWEETS @BangaloreMIRROR

The metro feeder buses started by Bangalore Metropolitan Transport Corporation (BMTC) to connect to Whitefield metro station started operation on Tuesday, and what a busy day it was. The two buses ply to the ITPL metro station and from Kadugodi metro station and Kannamangala. Additionally, routes of feeder service buses were also initiated at HSR Layout to the Agara bus stand. There was a huge demand for these buses on day one.

At HSR Layout, the residents had been asking for feeder bus services

for a long time that could effectively provide last-mile connectivity. The Directorate of Urban Land Transport (DULT) as part of its Sustainable Mobility Accord (SuMA) HSR project initiated the feeder buses along with BMTC.

DULT had observed that the public transport network and connectivity to major destinations were lacking in HSR Layout. Issues like buses not adhering to schedules, poor frequency and connectivity, high bus fares, and poor first and last-mile options deter public transport users from using buses frequently, DULT had said.

Feedback on the feeder service at HSR Layout was positive.

The feeder buses for HSR FDR 1 and HSR FDR 1 A are used to ply on the route from the Agara bus stand and back, starting from 6 am until 10.30 pm with a frequency of 10 minutes each.

Jayanthi Srikanth from HSR Citizen Forum said, "On the first day, we saw that the drivers were still trying to understand the route. However,

HSR Layout residents, students file into feeder buses to Agara stop enthusiastically, give thumbs-up to facility

the buses had started to ply and we observed many people taking it. It is a huge area and when we take autos it gets expensive. The idea is to keep private vehicles at home and use buses instead to reduce the carbon footprint. If we look at HSR Layout now it is packed with vehicles and there is a lot of traffic congestion. We will start a campaign to take the bus and leave the private vehicles home."

According to Srikanth, there are many government schools and PU colleges in the areas, so students stand to benefit from these feeder buses. One of the students from Mitra Jyothi blind school said, "Earlier we did not have connectivity to the



Agara bus stand and had to take the autorickshaw, but today we got to the nearest pickup spot and within no time reached the bus stand. There is no fear of missing the bus as they come every 10 minutes. We all had a comfortable trip at an affordable cost," said a student.

HSR Citizens Forum members will create awareness about the initiative as feeder buses are helpful.

Work undone: Evacuees still await home allotment

Contractor hasn't finished work on KSDB's 900 flats

Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

Around 900 flats constructed by Karnataka Slum Development Board (KSDB) have become a bone of contention between the evacuees from Economically Weaker Sections (EWS) quarters and homeless people of the Mahadevapura Assembly constituency. The issue has escalated to the point that the Mahadevapura BJP unit organised a protest recently in front of the apartment complex at Sulikunte on Thursday, demanding the allotment of 50 per cent of the flats constructed by the Karnataka Slum Development Board.

The Karnataka Slum Development Board floated a tender on March 20, 2013, inviting bidders for the construction of 900 dwelling units (G+4) including infrastructure works at Sulikunte at an estimated cost of Rs 4,978.56 lakh and the construction of the flats was supposed to be completed in 18 months. However, the contractor assigned to the construction did not complete the construction as per the deadline.

The situation further intensified as the BBMP authorities issued allotment orders for around 900 individuals, and over 400 families have been residing here since March 2019. "I approached the court against the BBMP revenue officer who issued allotment letters. The BBMP has no authority to allot the flats constructed by Karnataka Slum Development Board. Around 1100 families were evicted from the EWS quarters. The Karnataka Slum Development Board has constructed only 900 flats. What is the



Flats constructed by Karnataka Slum Development Board

THE TIMES OF INDIA, BANGALORE
FRIDAY, MARCH 22, 2013

KARNATAKA SLUM DEVELOPMENT BOARD
Address: Complex, 3rd Floor, 1st St, Basant Nagar, Bangalore-560075
Bangalore - 560 005. Ph: 2366 0801 / 2366 4601. Fax: 2366 0801 / 2366 4601. Email: ksdb@ksdb.org

SHORT-TERM TENDER NOTIFICATION
FOR TENDERS (UP TO TWO COVER SHEETS)
INVITATION FOR TENDERS FOR THE CONSTRUCTION OF 900 DWELLING UNITS (G+4) INCLUDING INFRASTRUCTURE WORKS AT SULIKUNTE, BANGALORE (EWS) QUARTERS. The tender documents may be purchased from the Office of the Commissioner, Karnataka Slum Development Board, Bangalore upto 20-04-2013 for a non-refundable fee (for two sets) of Rs. 25,000/- (Twenty Five Thousand only) inclusive of all taxes in the form of Demand Draft / Pay Order of any Nationalised Bank payable at Bangalore in favour of Commissioner, Karnataka Slum Development Board, Bangalore. If the tenders are willing to apply for more than one package, the amount payable for each package. Tender documents requested by mail will be despatched by registered post on payment of an extra amount of Rs. 1,000/- (One Thousand only). KSDB will not be held responsible for postal delay if any in the delivery of documents or non-receipt of the same.

Sr. No.	Type of work	Approximate value of work (Rs. in Lakhs)	ESD Amount (Rs. in Lakhs)	Period of Completion (excluding drawings)
1	Construction of 900 Dwelling units (G+4) including infrastructure works at Sulikunte, Bangalore (EWS) Quarters under Rajiv Awas Yojana (RAY) scheme adopting Fast Track Technology.	9111.80	91.15	Eighteen Calendar months
2	Construction of 900 Dwelling units (G+4) including infrastructure works at Sulikunte, Bangalore (EWS) Quarters under Rajiv Awas Yojana (RAY) scheme adopting Fast Track Technology.	4978.56	49.80	Eighteen Calendar months
3	Construction of 1000 Dwelling units (G+4) including infrastructure works at Sulikunte, Bangalore (EWS) Quarters under Rajiv Awas Yojana (RAY) scheme adopting Fast Track Technology.	9930.38	99.40	Twenty One Calendar months

Calendar of Events for Tender Process are as follows:

1. Period of Sale of Tender Documents: Upto 20-04-2013
2. Time and date for Pre Bid Conference: 16-04-2013 at 4.30 pm
3. Last date and time for receipt of sealed Tender Documents: 20-04-2013 before 4.30 pm
4. Date and time of opening of Tender documents: 20-04-2013, before 4.30 pm
5. Place of receipt and opening of Tender Documents: Office of the Commissioner, Karnataka Slum Development Board, 3rd Floor, 1st St, Basant Nagar, Bangalore-560075. (Phone: 2366 0801, 2366 4601, Fax: 2366 0801, 2366 4601, Email: ksdb@ksdb.org and also can be seen in website: www.ksdb.org)

Further information can be had from the Office of the Commissioner, Karnataka Slum Development Board, Bangalore. (Phone: 2366 0801, 2366 4601, Fax: 2366 0801, 2366 4601, Email: ksdb@ksdb.org and also can be seen in website: www.ksdb.org)

Sd/- Commissioner, Karnataka Slum Development Board, Bangalore.

fate of the remaining 200 families that were evicted from the EWS quarters?" asks Luvies Patrick, president of Dr B R Ambedkar Youth Social Welfare Association.

Residents complain that the authorities have failed to provide basic amenities at the apartment complex. They said snakes have be-

come dangerous for children and it has become tough for people residing on the ground floor. "I do not know what to do. I am not sure of my shelter because of the protest by MLA's supporters. I have been residing here for six years," said R Johnson, an auto rickshaw driver.

The residents said that they have to depend on private water suppliers for water as the apartment complex has no water facility. "We have no electricity, water, and UGD facilities. One of the residents died of a snake bite recently," said a resident.

Meanwhile, Mahadevapura BJP unit president Manohar Reddy said the BBMP authorities have issued allotment letters to the slum-dwellers illegally. "There was an agreement to allocate 50 per cent of the flats to locals who have no shelter. The Karnataka Slum Development Board has allocated 50 per cent of the flats at Sadaramangala to the locals. We met the Housing Minis-

“The flats were constructed by KSDB. I do not know how an assistant revenue officer issues allotment letters

—Manohar Reddy, BJP leader

ter V Somanna seeking allotment of 50 per cent flats to the locals," said Manohar Reddy.

He said the BBMP assistant revenue officer of Shanthinagar Division has issued allotment letters to the slum-dwellers. "The construction of flats took place in village panchayat jurisdiction. The flats were constructed by Karnataka Slum Development Board. I do not know how an assistant revenue officer issues allotment letters," he said.

IN BRIEF

Terrorist plot: Grenades were from abroad

In a recent investigation led by the Bengaluru Central Crime Branch (CCB) police, it has been revealed that the grenades recovered from the five suspects detained in July, in connection with a terrorist case, were not domestically produced. Instead, they were illegally smuggled into the country from abroad, as per official statements.

Syed Suhel Khan (24), Mohammed Umar (29), Jahid Tabrez (25), Syed Mudaseer Pasha (28), and Mohammed Faisal Rabbani (30) were all detained on July 20 after the CCB police announced their arrests and said they were plotting a future terrorist assault. They were allegedly found to have four live grenades, seven locally made pistols, 45 rounds, walkie-talkies, and other papers.

A senior CCB police officer revealed that the grenades in question were found to be fully functional and ready for use. However, they were not produced within India, they were illegally imported from an undisclosed foreign source.

—Ahna Prakash

3 members of honey trap gang nabbed

Puttanahalli police arrested three members involved in operating a honey trap scam through the popular messaging service, Telegram.

The accused have been identified as Prakash Baligar, Abdul Khadar, and Yaseen along with Neha Mehar and her boyfriend Nadeem.

The accused had rented a home in Vinayaknagar. Using the Telegram messaging service, Neha would entice guys between the ages of 25 and 30 to the residence. She would use a covert camera to capture their conversation.

Prakash, Abdul, and Yaseen would eventually storm the residence, raise a fuss claiming to have caught the couple in the act. Use the film from the concealed camera to blackmail their victims and demand money.

—Ahna Prakash

Burn cases on decline

Over years, number of burn incidences decreased considerably, reveals study; death rate that was observed to be 38% in 2013 dropped to 18% in 2022

Iffath Fathima @timesgroup.com

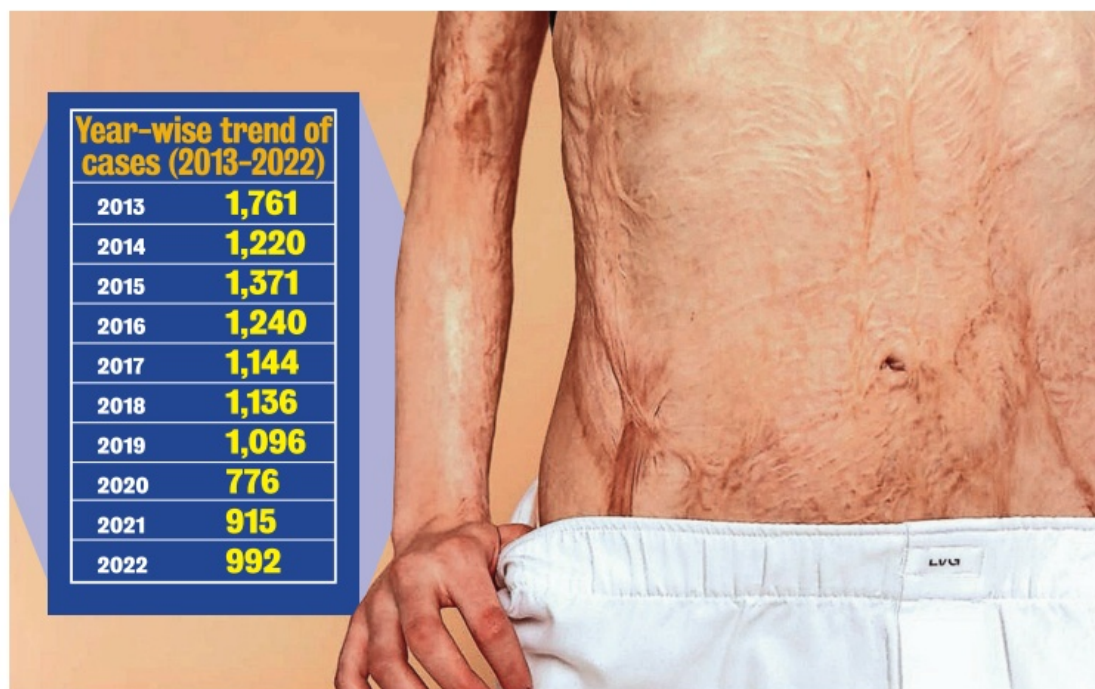
TWEETS @BangaloreMIRROR

A 10-year study conducted at the state tertiary burn care centre, Mahabodhi Burns Centre at Victoria Hospital, affiliated with the Bangalore Medical College and Research Institute (BMCRI), between 2013 and 2022 has showcased a declining trend in the incidence rate of burn injuries admitted at the burn care centre. The declining trend in the number of burn incidence is a relief to the treating team. With the increase in awareness regarding burn prevention and better infrastructure, the incidences have decreased considerably.

The study conducted between January 2012 and December 2022 has shown a decreasing pattern of patients being admitted to the burns ward. The Mahabodhi Burns Centre is a 50-bed care centre wherein patients from across Karnataka and other southern states come in with burn injuries and admissions. In 2013, about 1,761 burn patients were admitted, compared to 992 in 2022, which showed a significant decrease. According to the Indian population (128.03 crore in 2013 and 141.7 crore in 2022), the burn incidence rate is reduced by approximately 7 million in 2013 and 6 million in 2022.

The study led by Dr Smita S Segu, Professor and Head of Unit, Department of Plastic Surgery at Victoria Hospital, and her team observed that the burn incidence rate was reduced by almost 10% every year since 2013 in the institute, and the death rate that was observed to be at 38% in 2013 dropped to 18% in 2022.

In the year 2014, over 1,220 cases of burn incidence were reported; it then increased to 1,371 cases in 2015 and saw a drop in cases again in the year 2016 with 1,240 cases,



and by 2019, only 1,096 cases were reported. From 2020 to 2022, the numbers recorded have been below 1,000 cases.

Talking about the decrease in incidences of burn cases, Dr Segu said, "The declining trend observed could be due to increased awareness in the general public about domestic burns, accidents, better infrastructure, or patients getting treatment in various private or other corporate hospitals who are admitting burn patients."

According to Dr Segu, the types of burn cases reported at the centre are thermal, electrical, chemical, acid, and gas cylinder leaks, with thermal burns being the most common burn-related injury. Thermal burns are said to be heat-induced burns when the skin comes into contact with heated objects like fire, hot cooking oil, iron, fire, or any hot surfaces.

The declining trend observed could be due to increased awareness in the general public

—Dr Smita S Segu

Homicidal and suicidal burn cases continue to be reported at the hospital, though to a lesser percentage. There has been an increase in suicidal burns in children, which is alarming.

The Mahabodhi Burns Centre receives patients with burns of all degrees, first, second, and third degrees, and a varied percentage of burns. "Treatment depends on the degree of burn. We follow standard operating protocols for all cases where medication is concerned. For the burn wound, we have oint-

ments, skin substitutes, allografts from our skin bank, and then surgeries like early excision, skin grafts, and flap covers. The skin substitutes mean different kinds of dressings that will help reduce pain, reduce the number of fluids to be given, reduce the use of antibiotics, aid in earlier recovery, and alleviate the need for surgery, sometimes depending on the type and degree of the burn," explained Dr Segu.

All these dressings, medications, splints, and nutrition are provided free of cost by the Karnataka government to the burn patient from admission till discharge.

Dr Segu also highlighted the need to have a state and national burn registry that will help to get statistics about the demography, types of burns, burn incidence rate, and death rate, and that can help in prevention strategies, treatment, and rehabilitation.



DPS students and volunteers who visited Government High School

Students pave way for menstrual openness

I Y Maheswara Reddy
c-y.reddy@timesgroup.com

TWEETS @BangaloreMIRROR

The Inner Wheel Club of Bangalore IT Corridor, in collaboration with students of the Social Service Club of Delhi Public School, Whitefield, organised the distribution of sanitary napkins among the girl students of Government High School, Immadihalli, Whitefield. This initiative is expected to impact the girl students' well-being and academic journey, enabling them to lead healthier and more dignified lives.

The objective of the initiative was to raise awareness about menstruation, break the stigma surrounding it, and empower young girls with knowledge and access to sanitary napkins. Students of Delhi Public School also organised an interaction with the girl students of the Government High School. They addressed various aspects of menstrual health,

The objective of the initiative was to empower girls with knowledge and access to sanitary napkins

including the biological process of menstruation, the advantages of eco-friendly pads and why they should avoid using cloth pads, the importance of maintaining cleanliness during periods, and debunking common myths and misconceptions.

"Empowering young girls with knowledge and access to menstrual hygiene products is not just a social responsibility; it is a step towards a more equitable and compassionate world," said Shantha Divakaran, president, Inner Wheel Club of Bangalore IT Corridor.

Thanking DPS students and members of the Inner Wheel Club of Bangalore IT Corridor for distributing sanitary napkins among the girl students, Rafath Nazneen Taj, headmistress of Government High School, said the sanitary napkins provided by the volunteers would be a great help for the girl students. "As of now, sanitary napkins are being supplied by a non-governmental organisation. The sanitary napkin vending machine is under repair, and it is expected to be repaired soon," said the headmistress.

Delhi Public School Whitefield Social Service Club president Diya Chaki said that she and Secretary Kusum Seervi came up with a plan to donate eco-friendly sanitary napkins to government school girls.

Gear up for grand Dasara festivities

CM Siddaramaiah says celebration to be held in meaningful manner

Karnataka's high-level committee on Nada Habba (state festival) Mysore Dasara, chaired by Chief Minister Siddaramaiah, on Monday decided to celebrate the occasion in a meaningful and grand manner to make it a people's festival.

Siddaramaiah also suggested that while selecting the tableaux, along with showcasing the state's heritage, district features and five guarantees should also be depicted to give a message to the people.

The state festival will be inau-

gurated on October 15, between 10:15 am and 10:30 am, and the famed Jamboo savari will be held on October 24, on the day of Vijayadashami.

It was decided to celebrate cultural events, film festivals, farmer's Dasara, and Yuva Dasara in a systematic way. Jambu savari, lighting, and the torchlight parade are important events of the festival.

This time, there must be special lighting arrangements that should begin from the day of the inauguration until the end of Dasara and then continue for a week, the Chief Minister suggested.

The exhibition will also be inaugurated on the opening day of Dasara. He suggested that the government departments should open the stalls in the exhibition.

As there are good artists in the state in all genres, it was decided that preference should be given to

them and a platform should be created in Yuva Dussehra for college students and local artists to exhibit their talent.

Necessary infrastructure should be provided to the tourists who will visit Mysuru on the occasion of Dasara.

Siddaramaiah said that action should be taken to ensure the safety of the tourists. Women are expected to come in large numbers due to the Shakti scheme, he said.

It was also decided to hold Dasara in Srirangapatna and Chamarajanagar districts.

The Chief Minister was given the power to select the name of the

The exhibition will be inaugurated on the opening day of Dasara. Govt dept to open the stalls



person to inaugurate Dasara.

The executive committee will submit a proposal on the expenditure, and it was decided to take a decision on providing grants for the festival based on it. It was decided to cut down unnecessary expenditures, and unnecessary programmes should be avoided.

The CM said that it is intended to hold an air show during Dasara, and this will be discussed with the Defence Minister. Deputy Chief Minister DK Shivakumar, Ministers Dr HC Mahadevappa, HK Patil, and others were present. **IANs**



There is a Sturgeon moon rising

The full moon of Tuesday was the second of the four supermoons in 2023 summer. Tuesday's supermoon was the Sturgeon supermoon and the next supermoon, the Full Blue Moon, falls on August 30

PIC: KAUSHIK JN

IN BRIEF

Costly milk, curd: Don't go by the cover

Even as milk prices were raised from Tuesday, many customers were surprised to see the old prices still printed on the packet. A BM reader said, "Karnataka Milk Federation has increased the prices of milk and curd by Rs.3 per litre from today, August 1. I am a regular customer of these commodities. Today, I purchased half a litre of milk for Rs. 25 and curd for Rs. 26 from a KMF vendor in the Kadugodi area of Bengaluru. I was surprised to note that the MRP is still written as Rs. 23 on the milk and Rs. 24 on the curd. This doesn't seem to be a malpractice of KMF towards the customers, but it might be against the FSSAI Rules. KMF was well aware that the prices of milk and curd would increase, so they should have updated the MRP accordingly. In my opinion, it's a violation of the rules." Reacting to this, a KMF official said, "We have been using pre-printed covers with old prices, even though we have informed our vendors about the new pricing. It will take a while before the new prices are printed."

— BMB

Washroom video: CM rules out SIT probe

Ruling out an investigation by a special investigation team into the recent washroom video incident at an Udupi college, Karnataka Chief Minister Siddaramaiah on Tuesday said a Deputy SP-level probe is going on. The Chief Minister said National Commission for Women (NCW) member Khushbu Sundar had said after her enquiry that no hidden camera was placed in the washroom. The issue can be discussed in detail after the probe is over, he said.

"I will make a comment on the issue only after the investigation is complete. When an investigation led by a Deputy SP is going on, the question of demanding an SIT probe does not arise," Siddaramaiah, who arrived here to attend review meetings in the twin coastal districts, told reporters at the airport.

On the recurring moral policing cases in Dakshina Kannada district, he said anyone who indulges in moral policing will be sternly dealt with.

— PTI

Not all are into powerplay

Only 70% of consumers have applied for free power under Gruha Jyothi scheme

Sridhar Vivan
sridhar.vivan
@timesgroup.com

TWEETS @sridharvMirror

Despite the State Government offering free power to consumers, only 69.9% of beneficiaries have opted for the Gruha Jyothi scheme. In Karnataka, the total number of consumers is 2.16 crore. Among these, 2.14 crore consume less than 200 units of power. However, out of the 2.14 crore eligible consumers, only 1,41,23,240 have registered for the Gruha Jyothi scheme. Initially, it was believed that the scheme would receive maximum response, but now officials are wondering why not everyone is interested.

Energy Minister KJ George stated, "In our state, there are 2.16 crore revenue registrations (RR) meters, out of which 2.14 crore are eligible for Gruha Jyothi, as they consume less than 200 units. Out of this, 1.42 crore have registered. Some of their homes have two or three RR numbers, making them ineligible. Additionally, some eligible consumers are not opting for the scheme voluntarily. We have not set any cutoff data, so people can still apply."

BESCOM Managing Director Mahantesh Bilagi explained that while calculating the zero bills, they have planned for 25 scenarios. "For example, new households will get a zero



In Karnataka, total number of power consumers is 2.16 crore

bill if they have consumed up to 58 units. If consumption is more than 58 units, they have to pay the bill. In the domestic category, we have calculated the monthly consumption data of the last financial year's average plus 10% will be given. If they are within the entitled unit, they need not pay anything extra, but if their consumption exceeds it, they have to pay," he said.

According to him, some consumers have applied twice, some have applied for two homes, and some

have applied for two connections with the same Aadhaar number. "All these scenarios are processed at the backend. If a customer crosses 200 units in a month, they will be ineligible for that month. If their consumption reduces in future, then previously registered consumers will become eligible again."

Power generation

Karnataka is now planning to explore various other avenues to increase power generation. George

said, "We are now planning various modes to bring down electricity bills. There are the latest technologies available, and we need to promote non-conventional energy sources. We will try to acquire vacant land near substations to generate power using solar energy, which will help in reducing transmission losses. Our focus is on solar and wind energy as they are comparatively more economical in power generation. For example, in Sharavati, after hydel generation, we plan to re-pump the water back to the upstream area so that it can pass through the turbines again to generate more power by using solar and wind energy." He said that hydel energy is one of the cheapest forms of energy and these initiatives can be helpful in generating more power at cost-effective prices. Another promising option according to him is green hydrogen.

Date confusion

Although the state government had planned to provide free power from July 1, many consumers ended up paying bills up to July 15 or 16 because BESCOM follows a monthly billing cycle (from June 15 to July 15). Responding to this, George said, "We had committed to providing free power from July 1. However, our billing cycle extends from the first week to the second week of July, and we have already charged them."

Assets of 223 MLAs from K'taka more than budgets of Mizoram, Sikkim

The total assets of 4,001 sitting MLAs stood at Rs 54,545 crore, which is more than the combined annual budgets for 2023-24 of Nagaland, Mizoram and Sikkim, according to a report. The Association for Democratic Reforms (ADR) and the National Election Watch (NEW) have extracted the data from affidavits filed by the MLAs prior to contesting their last elections.

The report said of 4,033 legislators, affidavits of 4,001 have been analysed. The average of assets per MLA, belonging to 84 political parties and Independent, is Rs 13.63 crore, it said.

"The total assets of 4,001 sitting MLAs are Rs 54,545 crore. This amount is more than the combined annual budget for 2023-24 of three

states, Nagaland, Mizoram and Sikkim, totalling Rs 49,103 crore. The annual budget 2023-24 of Nagaland is Rs 23,086 crore, Mizoram is Rs 14,210 crore and Sikkim is Rs 11,807 crore," the report said.

Among major parties, the average assets per MLA for 1,356 BJP MLAs analysed is Rs 11.97 crore, for 719 Congress MLAs is Rs 21.97 crore, for 227 TMC MLAs is Rs 3.51 crore, for 161 AAP MLAs is Rs 10.20 crore and 146 YSRCP MLAs have average assets worth Rs.23.14 crore. The total assets of BJP and Congress MLAs is Rs 16,234 crore and Rs 15,798 crore, respectively, which add up to Rs 32,032 crore, the report said.

It said that the total assets for 223 MLAs



Assets of Karnataka MLAs is also 26% of the combined total assets of all sitting MLAs' Rs 54,545 crore, the report said

analysed from Karnataka is Rs 14,359 crore, 284 MLAs analysed from Maharashtra is Rs 6,679 crore and 174 MLAs analysed from Andhra Pradesh is Rs 4,914 crore. The assets of 223 MLAs from Karnataka are more than the individual annual budgets 2023-24 of Mizoram and Sikkim. It is also 26 per cent of the combined total assets of all sitting MLAs Rs 54,545 crore, the report said. "It is also more than the combined assets of sitting MLAs from Rajasthan, Punjab, Arunachal Pradesh, Bihar, Delhi, Chhattisgarh, Himachal, West Bengal, Goa, Meghalaya, Odisha, Assam, Nagaland, Uttarakhand, Kerala, Puducherry, Jharkhand, Sikkim, Manipur, Mizoram and Tripura," the ADR said.

— PTI

Ban on vehicles: Bizmen hope for positive change

CONTINUED FROM PAGE 1

cruising on the expressway. With slow-moving vehicles now forced to use the service road and inevitably enter the towns, we hope for a slight increase in business."

A hotelier told BM that earlier, his establishment used to get so many customers that some would leave due to the waiting period.

"Now, the situation is such that we endlessly wait for customers. With the travel time between Bengaluru and Mysuru reduced to less than two hours, no one wants to stop in between. Even those interested in trying local delicacies have to take a detour, and so, nobody comes here. Hopefully, we will start getting a few more customers from now onwards."

However, Shashi Kumar, owner of a popular Thattu Idli hotel in Bidadi, has his doubts. "The shifting of bikes and other vehicles to the service road may not be of much help," Ganakal Nataraj, a local Congress leader of Bidadi, condemned the move to bar slow-moving vehicles from the main carriageway, pointing out that the service road is not entirely complete. "For example, there is no service road near Hosadoddi gate, and vehicles are forced to take the old road full of potholes. If these issues are not addressed, protests may be unavoidable," he said.

Day of drama

There was high drama on the expressway on Day one of the ban when many bikers tried to evade the prohibition and forcefully enter the road. The police had a tough time controlling them and educating them using the public address system. Initially, no penalty was imposed until 10.30 am, but as violations continued, the police started penalising the bikers.

A senior police official said, "Initially, we are creating awareness. We have put up barricades and are not allowing bikers. Lane discipline should be followed as slow-moving vehicles have to stay on the left side. Using advanced cameras, we are penalising lane violations as well."

On day one, 137 two wheelers were penalised for travelling on expressway and ₹68,500 was collected as fine. As of now police are penalising ₹500 per vehicle if they enter main carriage way.

K'taka minister to bear education cost of 29 Manipur students

Karnataka Housing and Minority Welfare Minister, BZ Zameer Ahmed Khan on Tuesday promised to bear the education cost and welfare of 29 girl students from Manipur who have migrated to Bengaluru while celebrating his birthday with the displaced children.

Zameer spent his 57th birthday with the Manipur girls who have taken shelter at St Teresa Educational Institutions in Chamarajpet, the constituency he represents. The minister announced that he would bear the education and welfare of those students and announced financial help of Rs 2 lakh, his office said in a press release.

Manipur has been witnessing violence since May 3, following the protests by the Kuki and Naga communities against the High Court's order asking the state government to consider the inclusion of the Meitei community in the category of

Scheduled Tribes (ST). Only STs can buy lands in hilly areas.

The majority Meitei community, which occupies the Imphal Valley and nearby areas, sought the ST status keeping in view their increasing population and increased requirement of land so that they could purchase lands in the hilly areas.

"Zameer Ahmed Khan interacted with the students and collected information about the prevailing situation in Manipur. The displaced students explained that they have come to Bengaluru in view of the dangerous situation in their home state, and also thanked St Teresa Educational Institutions for giving them shelter.

The students have to stay back here for at least seven years to complete their education and the minister promised to bear the cost of education and their welfare for the whole period," read a release by the Housing and Minorities Welfare Minister Zameer Ahmed Khan's office. **ANI**

'Excluding ants further reduced mango yields'

CONTINUED FROM PAGE 1

flowers access to ants and flying visitors increased the mango yield by 350%. This highlights the importance of wild insects for mango pollination. We also found that when the number of wild bees increased from 25 to 125, the final fruit set exhibited an increase of 20%," said Dr Jagadish KS, professor of Apiculture, UAS, GKVK.

Insecticide effect

Researchers say that while urbanisation did not directly impact the population size of pollinators or mango yield, the amount of insecticide applications had strong negative effects on wild bee abundance at low and intermediate levels of urbanisation. Moreover, the amount of insecticides decreased the weight of harvested mango fruits by almost 30%. They opined that mango production can be maintained at a profitable level in urbanised landscapes with insect pollinators more than tripling the final yield.

"The amount of insecticide used had a direct negative effect on the average fruit weight, which decreased by 29.7% from 0 to 300 litres of insecticide applied per tree. In addition, we found that excluding ants (the only crawling flower visitor in our study) further reduced mango yields, highlighting that they too play a role in the pollination of mango," said the researchers.

Entomologists say more than 60% of the crops that human beings use for food depend on insects for cross-pollination. However, the increasing use of insecticides and emission of obnoxious gases due to anthropogenic activities have dwindled the



population of insect pollinators in and around Bengaluru.

To safeguard crucial pollination services, it is crucial to conserve and promote wild insect pollinators by minimising the negative effects of insecticide applications, reducing harmful emissions, and increasing vegetation cover in the city.

"We need to bring back Bengaluru's gardens. Lung spaces have to be increased, and harmful emission levels have to be brought down to ensure that bees and other pollinators thrive in Bengaluru. While we are all aware of the ways to revive the bee population, there is a lack of inclination towards taking these measures. It is high time we encourage the concept of 'one home one colony'. If not, our crop yield will soon be adversely impacted," added Dr Jagadish.

Your Connect

TO BOOK YOUR TIMES INTERACT ADS

Stay safe. Stay home.

Call/mail us for contact-less ad booking. To book your Times Interact ads

Call 080-23338111

All digital payment solutions available

jobs

SITUATION VACANT

MARKETING, ADVERTISING & SALES

SALES

REQD Field Sales Execs at Industry Lane Freshers ok Jaci:9632967973

THE TIMES GROUP
Readers are recommended to make appropriate enquiries and seek appropriate advice before sending money, incurring any expenses, acting on medical recommendations or entering into any commitment in relation to any advertisement published in this publication. The Times Of India Group doesn't vouch for any claims made by the Advertisers of products and services. The Printer, Publisher, Editor and Owners of The Times Of India Group publications shall not be held liable for any consequences, in the event such claims are not honoured by the Advertisers.

OTHER VACANCIES

GENERAL

REQUIRED Immediately Experienced Campus Manager for a prestigious account at Bellandur, should be from Hotel Background Facilities, Good Remuneration Package offered. Call 7760962569 / 6366430575

JOBS FOR WOMEN (Reliance Malleswaram) Age above 30 Years (Degree) Fixed Salary from 18000/- to 23000/- Call: 90356 29450, 98802 77378

PART TIME JOBS

SANGEETA PARTTIME JOB Earn 35000-60000 Monthly male/female all India part time job available surely work from home. M.8510963598, 7599863299.

WORK FROM HOME

MARUTI Suzuki Company required. Male / Female House Wife. & Retire Person Salary 25000 - 55000 PM, Part / Full time, Home Job Laptop + Mobile Free. 09875675458 / 06290684795

TECHNICAL

ENGINEERS

BVL GROUP
Leading Developers Mysore has immediate opening for **PROJECT MANAGER** 5 years and above experience
CIVIL ENGINEER layout experience- 3 years and above
TOTAL STATION SURVEYORS & QUANTITY SURVEYOR (QS) 3 years and above experience
PREMIO SIGNATURE, Sy No. 10/3, Chorahalli, Varuna Hobli, Mysore - 570010
sal@bvlgroup.net
bvldevelop@gmail.com
For any queries please call - **9632059887**

real estate

BANGALORE PROPERTIES

JP NAGAR

SOBHA Dewflower Excellent 4 BHK E/F & Sobha Tulip 3 BHK & Brigade palm springs 3 BHK & Brigade Millennium 4 BHK Flats Sale SSR: 9845760178

personal

CHANGE OF NAME

I Sidapara Nidhi Akhilesh (DOB: 13/02/1996) W/o. of Akhilesh Dineshbhai Sidapara and D/o. Balsha Girdharbhai Madhabhai, Resident at Nandanvan Society Street No.1, House 1/B, Ranjeet Sagar Road, Jamnagar has changed my name from Balsha Nidhiben Girdharbhai to Sidapara Nidhi Akhilesh for all future purpose.

I, Raynor Sebastian Santosh Assay S/o Algernon Alfred Joseph Assay Aged About 67 Years R/at No.18-19, 3rd Block, 3rd Street, Prakruthi Township, Babusapalya, B'uru-560043 have changed my name to Raynor Sebastian Santosh Assay vide Affidavit Dtd:29/07/2023 Sworn Before Notary Uday Kumar K, B'uru

I Aleemulla Khan Attaula Khan S/O, Athaula Khan R/o No 3 1st Cross Sonnappa Block Bengaluru 560006 have changed my name to Aleemulla Khan Athaula Khan

I, Anjani Deepthi Akkaraju W/O of Venkata Suresh Kumar Akkaraju, R/O Unit No -10, Inside Out, Doddakannalli, Carmelaram PO, Bangalore, Karnataka - 560035 have changed my name to Anjani Deepthi Konidena for all future purposes.

I, Aisha Amreen N W/o. Naveed Ahmed R/a. No. 188, 7th Cross, 3rd Stage, Pillanna Garden, Bangalore- 560045. I have changed my name from Aisha Amreen N To AISHA AMREEN. Vide affidavit Date: 31.07.2023. Sworn before Notary: Meer Hassan.

I, Vishal Yogendranath Johri S/o Yogendranath R Johri R/o 14073, Seventh Level, Tower 14, Prestige Shanthinikethan, White Field, B'uru 560048 Have changed my name to Vishal Johri Affidavit Dt:01/08/2023 Notary Harisha G, B'uru

I Shlok Sunil Bantia S/O, Sunil Kumar Mangalchand R/o No 601, 6th Floor, Siddhshaka Marquis Bull Temple Road, Basavanagudi Bengaluru (karnataka) - 560019 have changed my name to Shlok Sunil for all purposes.

I, SUPRIYA ANIL WAGH-MARE, Residing at No 8, B.D.A. Extension, 1st Block East, Byrasandra, Bangalore-560011. Have changed My name to SOWMYA G K vide affidavit dated 01/08/2023 before Notary Aravind Patil G.G Bangalore

I Neetha Bantia W/O, Sunil Kumar Mangalchand R/o No 601, 6th Floor, Siddhshaka Marquis Bull Temple Road, Basavanagudi Bengaluru (karnataka) - 560019 have changed my name to Neeta Bai

I, Keerthan R/o No.2/8, 2nd main, Govindraja nagar, Thimmenahalli, Magadi road, Bengaluru 560040 have changed my name to Keerthan Anand Gowda affidavit Dt:01/08/2023 notary Harisha G, B'uru

I, Angelina Renuka Lobo W/o Arokya Swamy R/o No-26,hal Mirage Layout, Nagondana - halli, whitefield, B'uru 560066 have changed my name to Anjelin Renuka Lobo for all purposes.

I Jayanthi D/O, Krishnappa R/o #229e Near Muneshwara Temple Road Veerasandra Electronic City Bangalore 560100 have changed my name to Jayanthi Krishnappa

I Neelam Deepak Jain W/O, Sanjay Shand R/o No 50, 7th Cross, Wilson Garden Bengaluru (karnataka) - 560027 have changed my name to Neelam Shand for all purposes.

LOST & FOUND

LOST Ramanagar Sale Deed. Document 1) I-10479/2019-2020. 2) I-10464/2019-2020. Shashi - 9742595945

LOST: I, Siddagangamma W/o Late K.Nagaraju, R/at #398, Chikkagollarahatti, Magadi main road, Dasanapura Hobli, Lakshimpura Post, Bangalore-562162 have misplaced the original Sale Deed executed by Smt. Bhanupriya and Smt. Gowamma, Document No. NGB-1-08049-2017-18, CD No. NGBD324 Dt: 27.12.2017 Site No.6, Katha No.40/6, Situated at Chikkagollarahatti Village, Gollarapalya, Kachohalli, Dasanapura Hobli, Bangalore North Taluk, Bangalore. Misplaced at the time of shifting house. If found pls contact 9613557555 or hand over to the near by police station.

GALLERIA



Contact :
Pandit SURESH BHAT
9686330981

INDIAN FAMOUS ASTROLOGER

SOLUTION ALL YOUR PROBLEMS like :

Education, Job, Employment, Promotion, Wealth, Financial Problems, Family Disturbance Obtaining Success to Business etc.

Solution within few days



TAKE IT EASY, CHILD

How parents can help kids deal with back-to-school anxiety

As a child, I had a great deal of anxiety. If you've ever seen me speak in public, that might surprise you. But anxiety among children is extremely common and affects almost all children, to varying degrees.

During pre-pandemic times, researchers noted that as many as 7% of children had a diagnosable anxiety disorder that disrupted their everyday functioning. In addition, 20% had a tendency to feel anxious that didn't rise to the level of a clinical disorder. And all children feel anxious at some time or another.

Most researchers have found that anxiety in children increased during and after the pandemic. Lockdowns that isolated children from their peers and interruptions to their routines may have accounted for the findings in these studies.

As a researcher who's studied children's mental health for decades, I know that predictability helps prevent anxiety in children. Predictability means things going

along as they've always gone: sleep at night, up in the morning, cornflakes for breakfast, off to school, activities in the afternoon, dinner with the family. In Louise Fitzhugh's children's novel "Harriet the Spy," Harriet's mother can't believe that her daughter always takes a tomato sandwich to school. Always. Harriet has no interest in variety. She's perfectly happy with the same sandwich, year after year.

Anxiety will crop up for many children again this fall, and it can be intertwined with other feelings, such as excitement and shyness. Here are steps parents can take to help reduce their kids' back-to-school anxiety and encourage a better start to the fall term.

1 Look for general symptoms of anxiety

Ask your kids how they're feeling about going back to school, and keep an eye out for headaches, stomachaches, sleeping troubles, persistent "what if" questions, crankiness, excessive concern

about very distant events, problems focusing on schoolwork and concerns that aren't alleviated by logical explanations. An example might be your children worrying that they won't have friends in school, even though they do have friends from their class last year; or concerns that while they're at school, something extremely unlikely will happen, such as the house being hit by lightning.

What's tricky, of course, is that any of these behaviors can be an indication of many different problems, so probe further. Talking to your kids about their thoughts may help you unravel whether they're feeling anxious.

2 Encourage activities that reduce anxiety

Playing outside, playing with friends or even just "hanging out" can be powerful ways to reduce negative feelings. Outdoors, people often feel more relaxed. Playing in an unstructured way – that is, without someone else telling them what or how to play – al-

lows kids to work through their feelings and reduce anxiety.

3 Limit kids' screen time

Researchers have found that, post-pandemic, more children are using different types of digital devices, along with more social media apps. The significant body of evidence finding a link between excessive digital device use and anxiety suggests that these increases in device use may contribute to increased anxiety rates in children.

4 Focus on family activities

The emotional connection that children have with their families is their psychological anchor during difficult times. At a time of increased stress and uncertainty, spending time with family can be an antidote. Take a walk or a hike together, eat dinner together, or play board games.

5 Embrace distraction

Distraction isn't a cure for anxiety, but it can diminish its intensity and help sufferers think more clearly about the source of their worries. When children are feeling very anxious, it's fine to talk to them about how watching TV or reading a funny book can help them feel calmer.

6 Get professional help when needed

If your child's anxiety is interfering with sleep, eating, socializing or school attendance, and it persists beyond a few days, it's a good idea to call your pediatrician or family doctor and report what's going on. Medical professionals who work with children have seen anxiety skyrocket among kids, and they know how to get your child the necessary help.

As with any back-to-school season, you may find yourself shopping for binders and backpacks. However, children and their anxiety may also need your attention. Practicing simple prevention and intervening when necessary can get your kids off to a great school year.

(Elizabeth Englander, Bridgewater State University for The Conversation)

MIND, BODY & HEART



All you need to know about...

Benefits of kombucha

Link between kombucha and sugar levels

According to the findings of a clinical trial conducted by researchers at Georgetown University's School of Health, the University of Nebraska-Lincoln, and MedStar Health, people with type II diabetes who drank the fermented tea drink kombucha for four weeks had lower fasting blood glucose levels than those who drank a similar-tasting placebo beverage.

May help lower blood sugar levels

This conclusion from a pilot 12-person feasibility trial suggests the possibility of a nutritional intervention that could help lower blood sugar levels in persons with diabetes, as well as laying the groundwork for a bigger trial to validate and expand on these findings. This finding was reported in Frontiers in Nutrition.

What is kombucha

Kombucha is a tea fermented with bacteria and yeasts and was consumed as early as 200 BC in China, but it did not become popular in the US until the 1990s. Its popularity has been bolstered by anecdotal claims of improved immunity and energy and reductions in food cravings and inflammation, but proof of these benefits has been limited.

First such clinical trial

"To our knowledge this is the first clinical trial examining effects of kombucha in people with diabetes," says study author Dan Merenstein, MD, professor of Human Sciences in Georgetown's School of Health.

Bacteria in kombucha

The researchers also looked at the makeup of fermenting micro-organisms in kombucha to determine which ingredients might be the most active. They found that the beverage was mainly comprised of lactic acid bacteria, acetic acid bacteria, and a form of yeast called Dekkera, with each microbe present in about equal measure.

—ANI

MIRRORLIGHTS

Vegetarians face increased risk of hip fracture: Study

Both men and women who follow a vegetarian diet have a 50 per cent higher risk of hip fracture than people who regularly eat meat, according to the findings of a large-scale study.

Women who are vegetarian have an increased risk of hip fracture, but the reasons for this are unknown, and studies on the impact of a vegetarian diet on men have been small and inconclusive.

Researchers at the University of Leeds examined data from 413,914 people – both men and women – and discovered that vegetarians are at a higher risk of hip fracture than meat-eating men.

It also identifies some of the factors that may put vegetarians, both men and women, at risk.

Individuals in the study, who were recruited between 2006 and 2010, provided information on their diet and were classified as either regular meat eaters who ate meat five or more times a week; an occasional meat eater who ate meat fewer than five times a week; a pescatarian who ate fish but not meat; or a vegetarian who could consume dairy foods but not fish or meat.

The data on the individuals was linked to their hospital records and cases of hip fracture were recorded in the follow-up period to

2021. There were 3503 cases of hip fracture among the 413,914 participants, for an overall incidence rate of less than 1 per cent.

Although the overall risk of hip fracture was low, there was a significant difference in risk between vegetarians and regular meat eaters.

The researchers discovered that vegetarians had a 50 per cent higher risk than regular meat eaters, regardless of gender. The risk was the same for occasional and regular meat eaters.

Pescatarians were slightly more at risk than regular meat eaters, but the difference was insignificant.

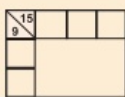
—ANI



$$[9 \times (64^{1/3} + 125^{1/3})^{3/4}]^{1/4} = ?$$

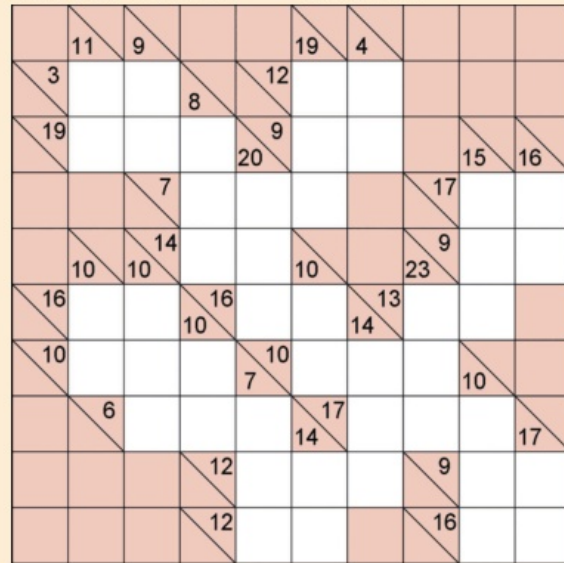
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

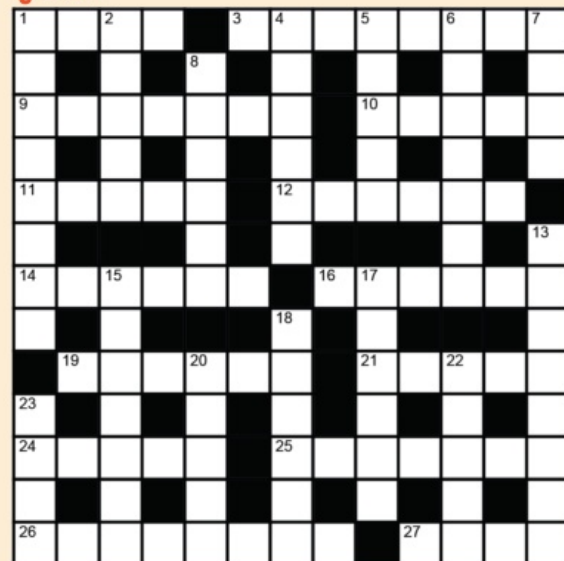


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

- 1 Not well off (4)
- 3 Pawns, knights, bishops, etc. (8)
- 9 More diminutive (7)
- 10 Drained slowly (5)
- 11 Flaxen cloth (5)
- 12 A salad vegetable (6)
- 14 Majestic (6)
- 16 French woman (6)
- 19 Feral, vicious (6)
- 21 Nikola ____ : U.S. inventor- "Tales" anagram? (5)
- 24 Dwells or stays- "bed is" crumpled? (5)
- 25 Cajoling or beguiling (7)
- 26 Habitation (8)
- 27 Marshy plant (4)

DOWN

- 1 ____ cups: What Donne Biryani is served in (4,4)
- 2 Frequently (5)
- 4 Roman poet and satirist (8)
- 5 Reel or bobbin (5)
- 6 Polish dance (7)
- 7 ____ one's head : agrees? (4)
- 8 Points of view (6)
- 13 Mentally disturbed (8)
- 15 Delight, hearten or inspire (7)
- 17 Relating to the stars (6)
- 18 Church officer (8)
- 20 Guwahati locale (5)
- 22 Food flavouring (5)
- 23 Border on (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: V EQUALS T
KIP NWKLQA IPUPS HKSFTA
GWCV KIP QCOZN VWP XKGPS
VK XSPUIV.



Linemaro

Your heart is my pinata



Mindchow

Rivers know this: There is no hurry. We shall get there some day



Joke of the day

My fake plants died because I didn't pretend to water them

Loop

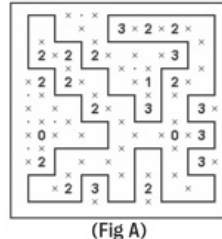
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

How to begin:

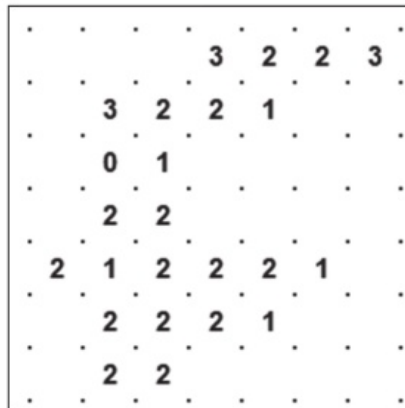
Example (Fig A) - Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)

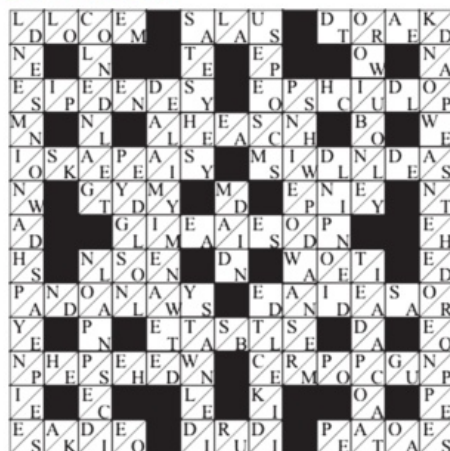


(Fig A)

(Fig B)
Not Allowed



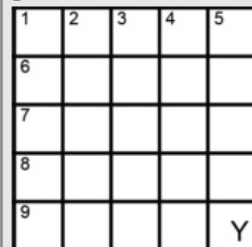
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

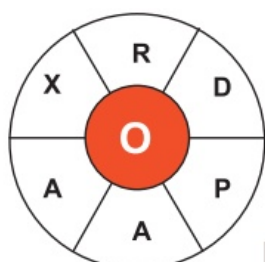
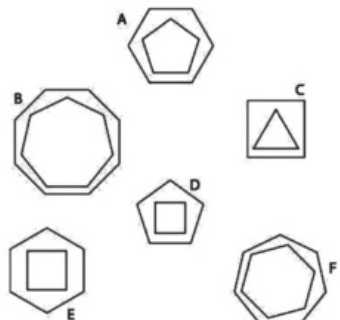
- 1 Medal; 6 Am Aga;
- 7 Grade; 8 Dive I;
- 9 Cyder

DOWN

- 1 Laird; 2 Ave Ga;
- 3 Gamic; 4 Me ere;
- 5 DD day

Mensapuzzle

Which is the odd one out?



Bull's eye

How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

SudokuChallenge



To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy

1 2 7 8 = 2

Medium

4 5 5 5 = 26

Hard

2 5 8 3 = 3

Hocusfocus



Find at least six differences in details between panels.



Differences: 1. Leg is moved. 2. Word is lower. 3. Car tire is not showing. 4. Awning is not as wide. 5. Hat is smaller. 6. Mouth is open.

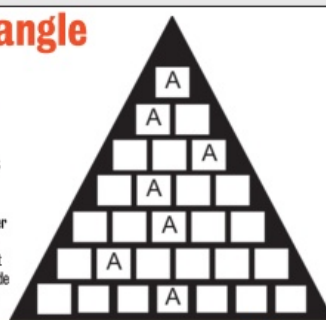
Riddler

Below are four epitaphs (writing on gravestones). From the writings, can you tell the occupation of each person?
1. Here lies Mortimer Bibbs. He took part of ours and gave it to big brother, but he always had good form.
2. Here lies Dirk McDuff, who toppled giants with weapons of steel. If only he'd heard his partner's shout before the giants found their revenge.
3. Here lies Suzy Smelt. She constructed many a bomb but mostly brought smiles to our faces.
4. Here lies Ethel Grant. She spent her whole life fighting with what she will now become.

Alpha triangle

- 1 First letter
- 2 Good _ it gets
- 3 Mariner's milieu
- 4 Mall event
- 5 Clean fish
- 6 Knights' weapons
- 7 Purify

Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.



COMICS

Redeye by Mel Casson



Bizarrotrip



Diamond Lil



Hart of the city



Crankshaft



Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 - Apr 20

Today, you may implement some new plans in your family business, which will pay off in terms of gains in the near future. You may also be busy in a family or social get together. You may spend to buy some creative artefacts to renovate your house, which may increase your social status. Today you may watch out for teeth, ears, eyes, nose and skin issues.



Leo Jul 24 - Aug 23

Today, you are likely to meet someone with whose help you may expect positive growth in your business or work. Your destiny may help you and your losses may be converted into profits. Your financial health may be back on track now. Love birds are advised to take some important decisions in terms of marriage. Singles are likely to find their soul mates.



Sagittarius Nov 23 - Dec 22

You may feel healthy today as your old diseases may be cured now. You may hear some good news from your near relatives. You may perform well in the office and your colleagues may help you in any critical project. You may develop faith in your subordinate staff. It may increase your prestige in society. You may also hear good news in some legal matters.



Taurus Apr 21 - May 20

You are blessed by the moon today. Happiness may be around you; it can help you enjoy your daily work. Your vital power may help you to take difficult decisions, which will increase your profits in the near future. You may plan a work-related short trip. Colleagues may support you to complete your work on time. Students may find themselves more focused in their studies. You are advised to control your diet today to avoid stomach issues.



Virgo Aug 24 - Sep 23

Today, the situation is under control. You are blessed by Jupiter and may expect to get some important position or post in the office. You may be inclined towards religion and mythology. You may feel yourself more sorted in your thoughts. This may give you confidence in your way of working. You may also plan for an overseas tour.



Capricorn Dec 23 - Jan 20

Today, you are likely to be busy with kids' education and career. You may hear some good news in terms of kids' academics. But lovebirds are advised to keep patience in their relationships. Investors are advised to avoid investing in risky assets as they might cause losses. You are advised to do meditation, yoga or chant some mantras to come out of this typical situation.



Gemini May 21 - Jun 21

Today, you may feel dull and sleeplessness may affect your mental and physical health as well. You may also be upset due to health issues of a family member. Your expenditure on worthless items may affect your savings. You may be a victim of conspiracy so you are advised to keep an eye out on your opponents.



Libra Sep 24 - Oct 22

Today, you may feel unhappy and dull, which may affect your way of working. There may be some delay in your projects that are about to be completed. It may affect your prestige in your professional and domestic life. You are advised to avoid adventure trips or driving fast. Lovebirds may experience some heartbreak. Job seekers may be disappointed in terms of getting a new job.



Aquarius Jan 21 - Feb 19

Today, you may be a victim of dissatisfaction as you may not get the result of your hard work. This may make you upset. You are advised to read documents carefully before signing a contract or any other paper. Investment in assets may also be possible. You are advised to follow your intuition before making investments. You may feel overworked, which may affect your domestic life too; you will arrive late at some family or social events.



Cancer Jun 22 - July 23

Today, your past investments may give you good profits. You may get good results after an easy job. Your obstacles may be cleared now. Your financial status may be improved and new sources of income may emerge. Couples may hear good news in terms of kids. You may get success easily after a little effort.



Scorpio Oct 23 - Nov 22

Today, you may perform your best in the office. You may have good bonding with the boss and may get some new responsibilities in terms of promotions. Chronic health issues may be okay now. You may get good incentives in your work also. Disputes with the siblings may be resolved. Job seekers may find new jobs.



Pisces Feb 20 - Mar 20

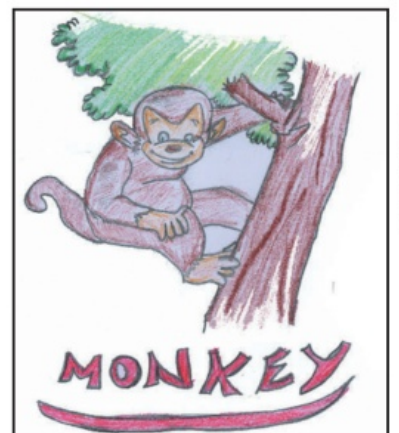
Today you may be busy with social get-togethers and family occasions. This may increase your network. You may also plan for a work-related short trip. Disputes between siblings or friends may be resolved now. Your colleagues may cooperate with you to complete a difficult project. You are likely to complete all the tasks with self-confidence. You are advised to keep patience while interacting with any person.



KIDZONE



Gouri Datta,
9 Years,
Vidyaniketan
Public School

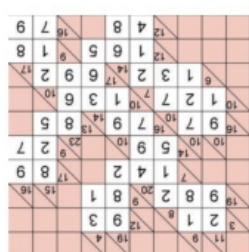


Dhanu
Bhalaji,
13 Years,
Mariamnivas
School

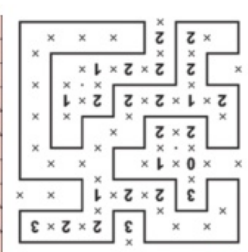
Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;

Please send hard copies of your artwork in A4 size only.

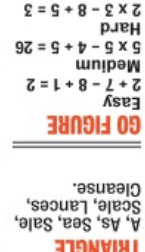
SOLUTIONS



KAKURO



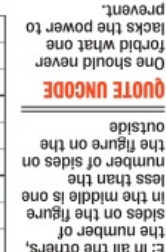
LOOP



ALPHA



SUDOKU



MENSA PUZZLE



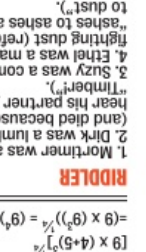
QUICK



STRIKE OUT



BULL'S EYE



SOLVE IN 1M

Her hero

Tamannaah Bhatia blushes, reveals who real-life hero is

Ever since Tamannaah Bhatia and Vijay Varma made their relationship public, the two of them are not holding back any punches to profess their love for each other, be it commenting on each other's posts or mentioning each other in their interviews.

In a recent interview, Tamannaah called Vijay her hero. In an interview with Galatta, the actress was asked to mention her thoughts about Vijay and

his photo flashed on the screen.

The moment that happened, the actress blushed. She then said he's her real life hero.

Tamannaah is currently promoting her upcoming film Jailer with Rajinikanth and it is also being said that she is the frontrunner for Thalapathy 68 after Lokesh Kanagaraj's Leo. When asked if she has signed the film, the actress replied that it is not true as of now, but she'll reveal if anything progresses on it. Thalapathy 68 is directed by Venkat Prabhu. Tamannaah was last seen in Jee Kar Da and Sujoy Ghosh's Lust Stories segment."

—ETimes



On a song and dance

The cast and crew of Usire Usire are busy with the promotional activities of the film that is set to be released in September. The film is also expected to be released in Tamil, Telugu, Malayalam, and Hindi. A music video from the movie was released by music director Gurukiran at a function held at Renukamba Preview Theater on Monday.

The song—Usire Nanna Usire—is penned by music director-cum-lyricist K Kalyan while Vasuki Vaibhav is the playback singer and Vivek Chakraborty has scored music. "I congratulate the team of Usire Usire. Singer Vasuki Vaibhav is an expert in this style of singing. Rajeev, who plays the lead, is my friend. I congratulate the heroine Srijitha Ghosh too," said Gurukiran.

Pradeep Yadav debuts as a producer in Sandalwood with this movie. "I thank Sudeep sir for his support. I agreed to bankroll this movie because of him," said Pradeep Yadav. Director CM Vijay said Sudeep appears in the climax of the film for a eight-nine-minute scene.



Angus Cloud, breakout star of 'Euphoria' dies

Angus Cloud, the actor who starred as the drug dealer Fezco "Fez" O'Neill on the HBO series "Euphoria," has died. He was 25.

Cloud's publicist, Cait Bailey, said Cloud died Monday at his family home in Oakland,



California. No cause of death was given.

In a statement, Cloud's family said goodbye to "an artist, a friend, a brother and a son."

"Last week he buried his father and intensely struggled with this loss," the family said. "The only comfort we have is knowing Angus is now reunited with his dad, who was his best friend. Angus was open about his battle with mental health and we hope that his pass-

ing can be a reminder to others that they are not alone and should not fight this on their own in silence."

"We hope the world remembers him for his humour, laughter and love for everyone," his family added.

Cloud hadn't acted before he was cast in "Euphoria." He was walking down the street in New York when casting scout Eleonore Hendricks noticed him.

—AP

'Not somebody who jumps on trends'

Actor Athiya Shetty says fashion for her is not about blindly following trends, but discovering her own unique style.

The actor, who walked the runway as a showstopper for designer Anamika Khanna at the ongoing FDCI Hyundai India Couture Week (ICW), said she believes in being true to her personality while dressing up.

"I can be cliché and say fashion is an extension of your personality, but I feel it is something that makes you unique from people. People keep asking what are the dos and don'ts of fashion. I really never had an answer for that. I just feel like you have to be true to yourself. I am not somebody who jumps on trends. I need to feel comfortable and be myself," Athiya told PTI on Sunday.

The "Motichoor Chaknachoor" actor said it was an honour for her to walk for Anamika, who also designed her champagne pink lehenga for her wedding with Indian cricketer KL Rahul in January.

"I feel life has come full circle because in January it was my wedding and now I am here and I feel like the experience was the same. We were always talking about our inspirations. "Anamika Khanna is like a child in a candy shop, with amazing ideas. And she will deliver and make sure that happens," Athiya said. —PTI



Watch this story come alive by pointing your phone camera at the QR code



Saree state

All the times when Sobhita Dhulipalia looked breathtaking in sarees

Birthday girl

Nimika Ratnakar, the darling of Darshan's fans, celebrated her 27th birthday on Tuesday. Nimika who earned fame for her dancing skills in the movie Kranti has decided to focus on her acting career and health this year. Nimika shakes a leg for the song—Shake It Pushpavathi—along with Darshan.

"I did not make any resolutions on my birthday. I want to focus on my health and acting career. My latest movie Trisulam is expected to hit the silver screen shortly. It is directed by Om Prakash sir while Upendra sir plays the lead. I am paired opposite Upendra sir," says Nimika.

Nimika hails from Mangaluru and stays in Bengaluru to attend shootings. Asked about the affection of Darshan's fans, she said that many fans of Darshan keep messaging her. "I am happy with their love. They keep sending a variety of messages to me," she said. She had an opportunity to share the screen space with Crazy Star Ravichandran in the movie Ravi Chandra that released in 2019. "I made my debut as a heroine in Sandalwood with Raama Dhanya," she said.

